RYAN S. SHUGARMAN, M.D., DFAPA

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Education & Training:

2008 - 2009	**Forensic Psychiatry Fellowship,** Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
2004 - 2008	**General Psychiatry Residency,** Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
2000 - 2004	**Doctor of Medicine,** May 2004, University of Maryland School of Medicine, Baltimore, MD
1996 - 1999	**B.A. in Psychology (With Distinction in All Subjects),** January 2000, Cornell University, Ithaca, NY

Certification and Licensure:

June 2011 - Present	**Diplomate in Forensic Psychiatry,** American Board of Psychiatry & Neurology
April 2009 - Present	**Diplomate in General Psychiatry,** American Board of Psychiatry & Neurology
2009 - Present	**Unrestricted M.D. Licensure:** Washington, D.C.; Commonwealth of Virginia; State of Maryland
2009 - 2014	**D.C. Controlled Substance Registrant,** Inactive Status since January 2015
Fall 2007	**EMDR Level II Certification,** University of Pittsburgh School of Medicine
2006 - Present	**Unrestricted DEA Licensure**
2006 - 2010	**Unrestricted M.D. Licensure:** Commonwealth of Pennsylvania, Inactive Status since January 2011
September 2005	**USMLE Licensure completed**

Professional Memberships:

2009 - Present	**Member, Washington Psychiatric Society**
2007 - Present	**Distinguished Fellow (since 2018), American Psychiatric Association**
2007 - Present	**Member, American Academy of Psychiatry and the Law**
2000 - Present	**Member, American Medical Association**

Academic Appointments:

2013 - Present	**Faculty Member, Saint Elizabeths Hospital's/District of Columbia Department of Behavioral Health's Forensic Psychiatry Fellowship Program,** Washington, D.C.
2011 - 2017	**Clinical Assistant Professor of Psychiatry, Georgetown University Hospital,** Washington, D.C.
2010 - 2014	**Faculty Member, The National Capital Consortium Military Forensic Psychiatry Fellowship Program at Walter Reed Army Medical Center,** Washington, D.C.
2009 - Present	**Faculty Member, Saint Elizabeths Hospital,** Washington, D.C.

Additional Appointments:

2025 - Present	**Chair, Civil Forensic Committee, American Academy of Psychiatry and the Law**
2024 - Present	**Member, Peer Review of Psychiatric Testimony Committee, American Academy of Psychiatry and the Law**
2021 - 2023	**Member, Membership Committee, Washington Psychiatric Society,** Washington, D.C.
2012 - 2014	**Early Career Psychiatrist Representative to the Board, Washington Psychiatric Society,** Washington, D.C.
2011 - 2012	**Member, National Health Service Corps**
2011 - 2012	**Secretary, Medical Staff Executive Committee,** Saint Elizabeths Hospital, Washington, D.C.
2011 - 2012	**At-Large Member, Doctors Council of the District of Columbia,** Washington, D.C.
2009 - 2011	**Member, Institutional Review Board, Pharmacy and Therapeutics, and Violence Reduction Committees,** Saint Elizabeths Hospital, Washington, D.C.
2008 - 2024	**Member and Media Spokesperson, Criminal Behavior Committee, American Academy of Psychiatry and the Law**

Current Employment:

2010 - Present	**Private Practice, Shugarman Psychiatric & Counseling,** Alexandria, VA. This full-time position entails providing outpatient-based clinical care (psychotherapy and medication management) for adults in Northern Virginia and the Greater D.C. Area, conducting forensic psychiatric assessments regionally and nationally for civil and criminal matters, and managing all aspects of the practice.

Previous Employment:

January - June 2013	**Attending Forensic Psychiatrist, District of Columbia Department of Mental Health,** Washington, D.C. This part-time position involved conducting assessments of competency to stand trial for pretrial defendants enrolled in the

District of Columbia Department of Mental Health's Outpatient Competency Restoration Program (OCRP), and evaluating the need for civil commitment for defendants who were adjudicated incompetent to stand trial and unlikely to be restored to competency within the foreseeable future.

2009 - 2012 **Attending Forensic Psychiatrist, Saint Elizabeths Hospital and District of Columbia Department of Mental Health,** Washington, D.C. This position entailed providing psychiatric care and performing forensic evaluations (including assessments of competency to stand trial and criminal responsibility / insanity) for persons under court supervision, in both inpatient and outpatient settings. Additionally, I served as an instructor and supervisor for medical trainees during their clinical rotations.

Past Moonlighting Positions:

2008 - 2009 **Staff Psychiatrist,** SPHS Behavioral Health, Greensburg, PA – provided longitudinal outpatient psychiatric care at a community mental health clinic

2008 - 2009 **Consultative Examiner,** Pennsylvania Bureau of Disability Determination, Greensburg, PA – performed independent psychiatric assessments of individuals applying for SSI disability

Spring 2008 **Staff Psychiatrist,** Women's Intensive Outpatient and Partial Hospitalization Programs of Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – psychiatrically assessed and treated patients

2007 - 2008 **Staff Psychiatrist,** Center for Psychiatric & Chemical Dependency Services, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – provided longitudinal outpatient psychiatric services for patients with dual diagnosis

2006 - 2008 **Co-investigator,** Nicotine Research Laboratory, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – evaluated potential research subjects for study inclusion based on history and physical

2006 - 2008 **Staff Psychiatrist,** Diagnostic and Evaluation Center, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – performed psychiatric evaluations, delivered acute care services, and determined case disposition for patients in the psychiatric E.D.

2006 - 2007 **Staff Physician,** Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA – performed medical history and physicals in the psychiatric E.D. and provided inpatient weekend medical coverage

Security Clearance:

2017 - Present **Department of Energy Q-Type Clearance**

Honors and Awards:

October 2016 **Award for Outstanding Teaching in a Forensic Fellowship Program, American Academy of Psychiatry and the Law's 47th Annual Meeting**

Spring 2007 **Finalist, American Psychoanalytic Association's Fellowship Program**

Spring 2007 **Resident Nominee, 21st Annual Rappeport Fellowship**

Publications:

- **Shugarman RS.** (2015). An Underexamined Topic: The Issue of Criminal Responsibility and the Crime of Rape. *American Academy of Psychiatry and the Law Newsletter.* 39(1):20,22,26.
- Martone CA, Mulvey EP, Yang S, Nemoianu A, **Shugarman R,** Soliman L. (2013). Psychiatric Characteristics of Homicide Defendants. *American Journal of Psychiatry*. 170(9):994-1002.
- **Shugarman RS.** (2010). A Revolving Door: Criminal Behavior in Prison and the Street. *American Academy of Psychiatry and the Law Newsletter.* 35(1):18.
- **Shugarman RS.** (2009). Stalking: The Veiled Epidemic. *Psychiatric Times*. 26(7):48-50.
- Martone CA, Nemoianu A, **Shugarman RS,** Singh A, Dolan Strano A. (2008). Forensic Psychiatry – Criminal Law. In: Kupfer DJ, Horner MS, Brent DA, Lewis DA, Reynolds CF, Thase ME, Travis MJ, eds., *Oxford American Handbook of Psychiatry*. New York: Oxford University Press, Inc.; 855-85.
- Nabors L, Weist M, **Shugarman R**, Woeste M, Mullet E, Rosner L. (2004). Assessment, Prevention, and Intervention Activities in a School-Based Program for Children Experiencing Homelessness. *Behavior Modification*. 28(4):565-78.
- Benjamin L, O'Connell E, **Shugarman R**, Watanabe B, Gonzalez I. (2003). Students' Perspective: Reactions to War. *International Association of Child and Adolescent Psychiatry and Allied Professions Bulletin*. 13:37.

Presentations:

November 1, 2026	**"Fair Game or Forbidden Territory? The Expert's Role in Evaluating Reliability, Validity, and Credibility in Civil Litigation,"** Panel Presentation, American Academy of Psychiatry and the Law's 57th Annual Meeting, Tampa, FL
October 26, 2019	**"Bad or Mad – Send 'Em to Solitary?"** Workshop, American Academy of Psychiatry and the Law's 50th Annual Meeting, Baltimore, MD
June 14, 2017	**"Stalking,"** Lecture, Walter Reed National Military Medical Center Artiss Symposium, Bethesda, MD
October 31, 2016	**"Mass Killers: How Worried Should the Masses Be?"** Workshop, American Academy of Psychiatry and the Law's 47th Annual Meeting, Portland, OR
March 21, 2015	**"Stalking: Why Won't They Just Stop?"** Lecture, Midwest Chapter, American Academy of Psychiatry and the Law's 2015 Annual Spring Meeting, Pittsburgh, PA
Various, 2012	**Risk Assessment and Violence,** 1-hour Workshop, Crisis Intervention Officer (CIO) Training for District of Columbia Metropolitan Police Department, Washington, D.C.
Various, 2011-2012	**"Introduction to Mental Illness, Overview of Psychiatric Disorders, and Introduction to Psychiatric Medications,"** 3-hour Workshop, Crisis Intervention Officer (CIO) Training for District of Columbia Metropolitan Police Department, Washington, D.C.
August 15, 2011	**"Stalking: Hate or Love – Two Sides of the Same Coin?"** Lecture, Forensic Consult Service, Saint Elizabeths Hospital, Washington, D.C.
March 24, 2011	**"An Overview of Psychiatric Medications,"** Lecture, Crisis Intervention Team (CIT) Training for Arlington County law enforcement personnel, Ashburn, VA

March 27, 2010	**"The UCC Defense: Madness or Manipulation?"** Lecture, Midwest Chapter, American Academy of Psychiatry and the Law's 2010 Annual Spring Meeting, Pittsburgh, PA
October 31, 2009	**"Psychiatric Characteristics of Homicide Defendants,"** Research in Progress Session, American Academy of Psychiatry and the Law's 40th Annual Meeting, Baltimore, MD
October 24, 2008	**"Adjudicative Competence: A Primer on Difficult Cases,"** Workshop, American Academy of Psychiatry and the Law's 39th Annual Meeting, Seattle, WA
June 17, 2008	**"Adjudicative Competence Revisited,"** Pittsburgh Forensic Journal Club, University of Pittsburgh Medical Center, Pittsburgh, PA
December 21, 2007	**"Stalking: Hate or Love – Two Sides of the Same Coin?"** Grand Rounds, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA
October 18, 2007	**"Pittsburgh Homicide Project,"** Poster Presentation, American Academy of Psychiatry and the Law's 38th Annual Meeting, Miami, FL
September 11, 2007	**"Stalking: Epidemiology, Typology, and Etiology,"** Pittsburgh Forensic Journal Club, University of Pittsburgh Medical Center, Pittsburgh, PA
April 20, 2006	**"The Relationship between Personality Disorders and Criminality,"** WPIC-Wide Journal Club, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA
August 9, 2000	**"An Examination of Health Services Utilization by Homeless and Low-Income Youth and the Utility of Providing Health Education Classes,"** Poster Presentation, University of Maryland School of Medicine, Student Research Forum (STRTP Program), Baltimore, MD

Teaching Activities:

Annually, 2015 - Present	**"Americans with Disability Act and Relevance to Psychiatry"** and **"History and Evaluation of Workers' Compensation Claims,"** 1-hour lectures to Saint Elizabeths Hospital/District of Columbia Department of Behavioral Health forensic psychiatry fellows, Washington, D.C.
Annually, 2015 - Present	**"Violence Risk Assessment and Management: History and Evolution,"** 1-hour lecture to Saint Elizabeths Hospital/District of Columbia Department of Behavioral Health forensic psychiatry fellows, Washington, D.C.
Annually, 2014 - Present	**"Competence to Stand Trial: Guidance for Conducting the Evaluation,"** 1-hour lecture to Saint Elizabeths Hospital/District of Columbia Department of Behavioral Health forensic psychiatry fellows, Washington, D.C.
Annually, 2014 - Present	**"The Utilization of Structured Instruments in the Assessment of Competency to Stand Trial,"**1-hour lecture to Saint Elizabeths Hospital/District of Columbia Department of Behavioral Health forensic psychiatry fellows, Washington, D.C.

October 3, 2014	**"Other Criminal Competencies: Confessions, Waivers, and Amnesia,"** 1-hour lecture to Saint Elizabeths Hospital/District of Columbia Department of Behavioral Health forensic psychiatry fellows, Washington, D.C.
April 4, 2014	**"Stalking: Hate or Love – Two Sides of the Same Coin?"**1-hour lecture to National Capital Consortium forensic psychiatry fellows, Bethesda, MD
March 7, 2014	**"Stalking: Hate or Love – Two Sides of the Same Coin?"**1-hour lecture to Georgetown University forensic psychiatry fellows, Washington, D.C.
January 24, 2012	**"Sexual Harassment"** and **"Trauma and Civil Law,"**1-hour lectures to Georgetown University forensic psychiatry fellows, Washington, D.C.
January 17, 2012	**"Disability"** and **"Americans with Disability Act and Relevance to Psychiatry,"**1-hour lectures to Georgetown University forensic psychiatry fellows, Washington, D.C.
September 8, 2011	**"An Overview of Psychiatric Medications and Introduction to Proposed Changes in DSM-V,"** Lecture to first-year Psy.D. students, The Chicago School of Professional Psychology, Washington, D.C.
Annually, 2011 - 2013	**"Medical Malpractice,"** Lecture to PGY II psychiatry residents, Georgetown University Hospital, Washington, D.C.
2011 - 2012	**Site Supervisor, Clinical Supervisor, and Instructor** for psychiatry residents and forensic psychiatry fellows from Georgetown University Hospital, The National Capital Consortium Military Psychiatry Residency and Forensic Psychiatry Fellowship Programs at Walter Reed Army Medical Center, and Saint Elizabeths Hospital during their rotations in forensic psychiatry at the District of Columbia Department of Mental Health's Outpatient Competency Restoration Program (OCRP) and the Forensic Outpatient Department (OPD) in Washington, D.C.
2010 - 2011	**Psychiatry Mini-Board Examiner,** Saint Elizabeths Hospital, Washington, D.C.
Fall 2009 - 2010	**Clinical Supervisor and Instructor** for forensic psychiatry fellows from Georgetown University Hospital and The National Capital Consortium Military Forensic Psychiatry Fellowship Program at Walter Reed Army Medical Center; psychiatry residents from Saint Elizabeths Hospital, Georgetown University Hospital, and Howard University College of Medicine; and medical students from the Uniformed Services University of the Health Sciences (USUHS) during their rotation in forensic psychiatry at Saint Elizabeths Hospital in Washington, D.C.
Annually, 2009 - 2013	**"Stalking – An Introduction to Important Clinical and Legal Aspects of the Phenomenon,"** Lecture to PGY II psychiatry residents, Saint Elizabeths Hospital, Washington, D.C.
Fall 2008 - 2009	**"Competence and Capacity,"** Lecture to PGY II psychiatry residents, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
2008 - 2009	**Site Supervisor,** Forensic psychiatry elective for senior psychiatry residents, various sites, Western Psychiatric Institute and Clinic Forensic Psychiatry Fellowship, University of Pittsburgh School of Medicine, Pittsburgh, PA

2007 - 2008	**Preceptor,** Standardized Patient Exercises for MSIII medical students, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
2007 - 2008	**Instructor,** Psychiatric Case Conferences for MSIII medical students, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
January 11, 2006	**"The Use of ECT in Children and Adolescents,"** Child and Adolescent Unit, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA
October 20, 2005	**"The Pharmacologic Treatment of Anxiety Disorders,"** Lecture to PGY I psychiatry residents, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
September 2, 2005	**"Examining Delusional Thinking,"** Psychotic Disorders Unit, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center, Pittsburgh, PA
2005 - 2008	**Developer, Coordinator, and Preceptor,** "Resident Rounds" Case Conference for PGY I & II psychiatry residents, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
August 25, 2003	**"A Psychodynamic Approach to Eating Disorders,"** The Center for Eating Disorders at Saint Joseph Medical Center, Towson, MD
October 25, 1999	**"Object Relations Theory, An Overview,"** Cornell University Department of Psychology, Ithaca, NY

Additional Professional Activities:

2010 - 2012	**Psychiatry Residency Applicant Interviewer,** Saint Elizabeths Hospital, Washington, D.C.
2008 - 2009	**Supervisor and Trainer of a forensic psychiatry research assistant,** Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
2006 - 2007	**Course Participant, *The James T. McLaughlin Training Program in Psychodynamic Psychotherapy*,** offered through the Pittsburgh Psychoanalytic Foundation

Previously Performed Forensic Evaluations:

- **CIVIL** (including testifying at trial in federal and state court and in administrative matters)**:**
    - **Records review / Consultative services / Expert witness rebuttal reports**
    - **Medical malpractice cases**
    - **Breach of confidentiality cases**
    - **Substance abuse assessments**
    - **Need for, and appropriateness of, civil commitment**
    - **Expert Opinions and Independent Medical Evaluations (IMEs)** for cases involving:
        - Disability (private policies, Federal Disability Retirement/OPM, SSI/SSDI)
        - Evaluation for impairment under the Family and Medical Leave Act (FMLA) of 1993

- Workers' compensation
- United States military discharge status change and service-related disability assessments
- Divorce and custody-related proceedings
- Sexual harassment / Sexual assault
- Discrimination
- Retaliation, including "whistleblower" (*qui tam*) cases
- Wrongful termination
- Defamation
- Emotional injury (psychological harm) due to intentional or unintentional cause, including physical injury or police brutality
- Wrongful conviction / Wrongful incarceration
- Wrongful death
- Other matters

o **Testamentary capacity, including issue of undue influence**

o **Competency to testify**

o **Competency to make medical and financial decisions / Need for guardianship**

o **Competency to consent to electroconvulsive therapy (ECT)**

o **Medical board and attorney bar association reviews and evaluations**

o **United States Drug Enforcement Administration reviews for physician misprescribing**

o **United States security clearance denial and revocation cases**

o **Fitness-for-duty assessments for:**

- Pilots and air traffic controllers, including assessments for commercial airlines and for the FAA's HIMS Program
- Flight attendants
- Physicians, medical residents, and medical students
- Engineers, software developers, and I.T. specialists
- Police officers, FBI applicants, U.S. Customs and Border Patrol Agents, and other law enforcement personnel
- United States Foreign Service Officers
- United States Peace Corps Volunteers
- Other occupations

- **CRIMINAL** (including testifying at trial in state court)**:**

o **Prosecutorial and defense consultation**

o **Criminal Competency:**

- To stand trial (adjudicative competence, current and retrospective); *Jackson* hearings
- To waive the insanity defense (*Frendak* Inquiry)
- To proceed *pro se*
- To be sentenced

o **Criminal responsibility / Insanity defense evaluations (NGRI / NGBRI)**

- **District of Columbia *Bolton* hearings**
- **Appropriateness for unconditional release for insanity acquitees**
- **Aid-in-sentencing assessments**
- **Psychiatric assessments for the Federal Bureau of Probation**
- **Additional matters upon request**

- **OTHER:**
  - **Violence risk assessment**
  - **Stalking risk assessment**